

These are the days that the following activities will hold summer workouts. Please bring a physical signed by a doctor dated on or after April 15th of 2024 prior to participating. **The Dead Period for all Sports is June 24th – July 7th.**

Football Summer Schedule:

Football will workout from 8-10:30 on the following days

June 3-6

June 10-13

June 17-20

June 28-31

July 15-18

July 22-25

July 29 – 31

Cheer Summer Schedule:

May 27-June 11 2:30 – 4:30 Monday and Tuesday

July 10 – Aug 1st 7:30 – 9:00 Wednesday and Thursday

Band Summer Schedule:

July 18-19, 22-25, July 27 – Aug 1 8-4:00 each day

Soccer Summer Schedule:

3-4:30 Monday, Wednesday, Friday